

DISRUPTING WHITE SUPREMACY REFLECTION QUESTIONS

Black, Indigenous, People of Color (BIPOC) Affinity Group
Discussion Questions

Intros + Share Purpose and Ground Rules (5 min)

These ground rules help establish understanding on how we want to show up in this space.

- Without judgment
- With care
- With trust
- With openness & curiosity
- With vulnerability
- With patience

Reflection Questions (10 min)

Take 10-15 minutes to journal and reflect on your own.

- Where have you seen white supremacy alive in your work and life?
- How is this instance of white supremacy impacting you?
- How are you caring for yourself? What are you doing to heal?
- What are you focusing on to disrupt the forces of white supremacy?

Group Discussion (40 min)

One person shares at a time. Take note of what resonates with you. Once everyone shares, take turns sharing or “playing back” something you heard from each person that resonated with you.

Closing (2 min)

- Assign a host

Group Purpose:

- Reprieve from whiteness; space to vent and safely share our anger
- Space to go deep, be challenged, be inspired
- Identify and expand our language to articulate experiences and knowledge
- Shared learning and solidarity (between and beyond Black/White binary)